



**Club** poids plume



## SPORT + STYLE

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This fitness collection subscribes to the traditions of the most exquisite Parisians gyms : **daring and elegant.**

Our delicate yet lasting designs honor the art de vivre of a fitness lifestyle. These creations, consisting of **leather-work and wood craftsmanship**, are perfected in the finest French workshops.

We actively seek eclectic and timeless materials to accentuate the **home gym** and **high end fitness club** alike.



**ACCESSORIES**



Sold in pairs  
Length: 115 mm  
Width: 90 mm  
Thickness: 4 mm  
Collar leather origin France  
Color: cognac  
Flange: width 16 mm, black

## PALMA

Accessories uniquely representative of our vision, the Palma line protects by **becoming one with your hand**. Offer only the best to your sensitive palms. Select, full grain fine leather, a hemmed elastic band, **hand-made in France** (Cholet), slide them over the fingers to enjoy a comfortable fitness routine.



Sold in pairs  
Length: 95 mm  
Width: 80 mm  
Thickness: 4mm  
Collar leather origin France  
Color: red  
Strap: width 16 mm, black

## PALMA

The **feminine** “Palma” version retains the qualities of the original but with a reduction in the size of the hand guard. Here, we have preserved the solid leather band, and the optimal double folded width of the masculine line. However, we have provided a **striking and assertive color** to accentuate delicate feminine hands.



Total length: 120 cm  
Back width: 10 cm by 50 cm  
Front width: 4 cm  
26 holes, intervals every 1.5 cm  
Polished and dyed slices  
Wool on 50 cm

## SPINA

Protect your back during exertion. Conceived with the lumbar in mind, this belt combines indispensable leather support and a clean, dense sheep wool band. **An authentic leather-craft approach to your fitness endeavors.**



Sold in pairs  
Length: 130 mm  
Width: 120 mm  
Color: gold

## PREHENSIO

Easy to place and remove, these clever leather patches are a **unique solution** for protecting the cold and rough handles of gym equipment. Equipped with **self closing bracelets**, they envelope all possible handle diameters.



Sold in pairs  
Baranil leather  
Length: 71 cm  
Width: 3.5 cm

## FASCIA

A **must have** in weight lifting straps. Select, fine grain leather, pigskin suede interior of a brown hue, meticulously finished by craftsmen. 65 cm in length ending in an adjustable, endless buckle to fit all wrist sizes. Strength, utilitarian, and style : a **unique product**.





Length: 230 cm  
Width: 3.5 cm  
Leather: «Swift»  
Black and smooth

## LIGŌ

Refined, discreet, and if you wish, personalized. **This lengthy, leather strap** solidly wraps your mat thanks to its easy, sliding fold



Length: 90 cm  
Width: 45 cm  
Fabric: honeycomb  
Dyeing: Grand Teint

## LINTEUM

This towel will become your fitness partner. Its size accommodates all exercise equipment surface dimensions. The fabric quality, honey comb cloth **weaved in the Basque region**, is revered for its strength and durability. A classic updated for modern use.



Height: 27 cm  
Diameter: 7 cm  
Stainless steel  
double-walled

## BUCCA

Essential to your workout, this water bottle **retains its chill**, and especially important in our era, it's reusable. The inherent qualities of **stainless steel** make it a partner in your athletic and environmental imperative.



**TØOLS**

# CARPUS

Minimalist. Elegant. This pair of handles eases and optimizes your sets. The triangles sufficiently support the central bar to maximize height thereby allowing for **greater range**. The **finest leather** covering for a thick yet soft grasp.



Sold in pairs  
Height: 8.3 cm  
Total width: 20 cm  
Central bar: 13 cm

## ULNA

Feeling a little **vintage**? These **light** and manageable hand dumbbells reflect the character of the recent past with their beech tree weights and shaft. Whether 'tis for a quick workout or your next round of sets, they will become the pride of your personal gym.



Length: 28 cm  
Bar length: 12.5 cm  
Diameter sphere: 8 cm  
Weight: 2 x 500 grams



# TALUS

This step will integrate perfectly into any space, modern or classical. From **European Beech construction**, notable for its blunt tread, supported by strong risers, it will add nobility and warmth to your fitness routine. **Created by a celebrated artisan**, utilizing 3D logo design. Hand finished.



Height: 12 cm  
Height of the feet: 8.5 cm  
Length: 70 cm  
Width: 280 cm

# SPALLA

Friend, foe, outcast of the gym, we decided to reduce its size, give it some curve and a touch of design to produce a **more appealing and playful piece**.... thus, our modern take on the indomitable wall bars.



Height: 18 cm  
Length: 90 cm  
Width: 35 cm



# LONGA

Simplicity, beauty : artisanal mat made in Portugal. With **a dense and supple foam** layer on the bottom and a soft, **smooth cork** top, the two layers are sealed and seamed providing unique comfort and aesthetic. Indispensable to training, you may also soon find it decorating your gym!



Composition: cork and  
EVA  
Length: 180 cm  
Width: 60 cm

## OUR CREATIONS & SELECTIONS



**Club poids plume** brings style to the forefront of fitness attire, matches elegance in exercise gear with the finest materials, hand crafted & painstaking assembly, and exacting & equitable production practices.

"I created this brand for connoisseurs of beauty, utility, and distinction. It speaks to the soul of individuals and professionals in search of an authentic touch of spirit in the homegym, clubs and gymnasiums that we furnish."

Thomas Sagel, founder



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« Vraiment, nous avons bien besoin de gymnases ! Nous vivons dans les laboratoires et dans les cabinets d'études ; nos exercices, purement intellectuels, sont de lire les journaux et les nouveaux ouvrages. Puis, nous savons que l'humanité n'a plus longtemps à travailler ; la science est là qui fournit des machines, le labeur humain tend à disparaître, l'homme n'aura bientôt plus qu'à se reposer et à jouir en paix de la création »

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